

Lodwick's Restaurant & Bar at The Rustington Manor Hotel

Lunch Menu

Served Monday to Saturday 12 – 2.00pm

Two Courses £11.95

Three Courses £14.95

Starters

Homemade Soup of the Day
Served with Crusty Bread.

Deep fried Crispy Coated Torpedo prawn
with Mixed Leaves & Garlic Dip

Creamy Brie Cheese, Deep Fried in a Crispy Crumb
with a Cranberry Dip

Lodwick's Chicken Liver, Pork & Brandy Pate
with Warm Toast

Avacado , Mozzarella Cheese, & Tomato, basil oil dressing

Deviled Whitebait
with Tartare Sauce & Wholemeal Bread & Butter

Sliced Smoked Salmon, Capers, Lemon
and Wholemeal Bread & Butter

Chilled Melon with Raspberry Coulis

Main Meals

Smoked Haddock & Spring Onion Fishcake
On a bed of Spinach Topped with a Poached Egg

Trio of Sausages (lamb & mint, beef & ale, pork & leek)
with Mashed Potatoes & Gravy

Crispy Beer Battered fillet of Cod
with Tartare Sauce

Grilled Pork Loin Steaks
with A White Wine, Cream & Wholegrain Mustard Sauce

Homemade Cottage Pie
Topped with Cheese Mash

Oven Baked Aubergine, Mozzarella Cheese
Glazed with a Tomato & Herb Sauce

White Asparagus, Spinach, Mushroom & Blue Cheese
Risotto

Coq Au Vin
Breast of Chicken, slow cooked in a rich Red Wine, Button
Mushroom & Pancetta Sauce

Four Egg Omelette
with a Choice of Ham, Mushroom or Cheese Fillings

Lodwick's Homemade Curry
with Pappadum & Mango Chutney

Served with a selection of vegetables & French fried or new potatoes

Desserts

Lemon Meringue pie with Vanilla ice Cream

Mature Cheddar Cheese & Biscuits

French Apple Tart with Clotted Cream Ice Cream

Homemade Spotted Dick with Custard

Traditional Crème Caramel

Mixed Ice Cream

Sticky Toffee Pudding with Vanilla Ice Cream

Raspberry & Strawberry Pavlova with Crème Chantilly

All items are subject to availability - Some dishes may contain nuts or traces of nuts

All food is prepared to order. Some menu items may take longer than others but every effort is made to serve your meals as quickly as possible. Thank you for your patience

lunch menu 2014 march

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